

Confused

Other:

Welcome to the Calm Corner	to the Calm Corner	to the Calm Corner
Name:	Name:	Name:
What feelings bring you to the calm corner today?	What feelings bring you to the calm corner today?	What feelings bring you to the calm corner today?
Angry/Mad	Angry/Mad	Angry/Mad
Scared/Afraid	Scared/Afraid	Scared/Afraid
Embarrassed	Embarrassed	Embarrassed
Worried/Anxious	Worried/Anxious	Worried/Anxious
Nervous	Nervous	Nervous
Frustrated	Frustrated	Frustrated
Bored	Bored	Bored
Sad	Sad	Sad
Jealous	Jealous	Jealous
Stressed	Stressed	Stressed
Tired	Tired	Tired
Hurt	Hurt	Hurt

Confused

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